

BEHAVIORAL HEALTH RESOURCES

If you are experiencing a life-threatening emergency, please call **9-1-1**.
Please call **2-1-1** for assistance, questions or to find resources
in Riverside County no matter the situation.

WARMLINE HELPLINE

The Warmline Helpline is available 24 hours a day, seven days a week if you are requesting non-crisis, emotional and preventative care support.

(855) 845-7415

CHILD ABUSE HOTLINE

If you suspect child abuse or neglect, the Child Abuse Hotline is available 24 hours a day, seven days a week.

1 (800) 442-4918

NAMI HELPLINE

If you are in need of any mental health resources, support or have general questions, NAMI is available Monday through Friday from 10:00am-6:00pm ET or email info@nami.org.

1 (800) 950-NAMI (6264)

NATIONAL DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline is available 24 hours a day, 7 days a week if you are experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

1 (800) 799-7233

SAFE FAMILY JUSTICE CENTER

The Safe Family Justice Center number is a safe, confidential and secure assistance line to call if you are in need of services relating to domestic violence, sexual assault, human trafficking, child and elder abuse.

(951) 304-5680

DISASTER DISTRESS HELPLINE

The Disaster Distress Helpline is available 24 hours a day, 7 days a week if you, or someone you know are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or other.

1 (800) 958-5990

ADULT PROTECTIVE SERVICES (APS)

The APS Helpline is available 24 hours a day, 7 days a week to report of dependent adult and elder abuse of individuals in Riverside County, whether it be physical abuse, sexual abuse, self-neglect, abandonment, financial abuse, psychological abuse and neglect by others.

1 (800) 491-7123

COUNTY CRISIS & SUICIDE HELPLINE

Call the Riverside County Crisis & Suicide Helpline if you are experiencing suicidal thoughts, COVID-19 related anxiety or any other emotional crisis. Help is available in English, Spanish, and 120 other languages 24 hours a day, 7 days a week.

(951) 686-HELP (4537)

NATIONAL SUICIDE PREVENTION LIFELINE

Call if you are experiencing an emotional crisis or suicidal thoughts. The Lifeline provides 24 hours a day, 7 days a week, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1 (800) 273-TALK (8255)



MENIFEE
New. Better. Best.

For more information, visit:
cityofmeniffee.us/coronavirus